

Richtzeiten für Schuljahr 2018/2019:

weiblich	00-02	03/04	05	06	07	08	09	10	11
50 S-Beine						1:01,50	1:04,00	1:20,00	
50 S	0:40,00	0:41,00	0:42,00	0:43,00	0:45,00	0:48,00	1:01,00	1:05,00	
100 S	1:32,00	1:40,00	1:45,00	1:50,00	1:55,00	2:00,00			
200 S	3:15,00	3:25,00	3:40,00	3:50,00	4:00,00	4:10,00			
50 R-Beine						1:00,00	1:02,50	1:15,00	1:25,00
50 R	0:41,00	0:42,00	0:43,00	0:44,00	0:46,00	0:49,00	0:58,00	1:04,00	1:08,00
100 R	1:32,00	1:34,00	1:36,00	1:39,00	1:42,00	1:47,00	2:02,00		
200 R	3:10,00	3:18,00	3:25,00	3:30,00	3:36,00	3:46,00			
50 B-Beine						1:01,50	1:04,00	1:20,00	1:30,00
50 B	0:46,00	0:47,00	0:48,00	0:50,00	0:52,00	0:55,00	1:02,00	1:08,00	1:11,00
100 B	1:38,00	1:43,00	1:46,00	1:50,00	1:55,00	2:00,00	2:12,00		
200 B	3:25,00	3:35,00	3:40,00	3:43,00	3:55,00	4:05,00			
50 F-Beine						0:57,50	1:00,00	1:15,00	1:25,00
50 F	0:36,00	0:37,00	0:38,00	0:40,00	0:42,00	0:45,00	0:51,00	0:55,00	1:00,00
100 F	1:20,00	1:22,00	1:23,00	1:25,00	1:30,00	1:35,00	1:55,00		
200 F	2:50,00	3:00,00	3:05,00	3:10,00	3:16,00	3:26,00	3:27,15		
200 L	3:10,00	3:18,00	3:24,00	3:28,00	3:35,00	3:45,00	4:20,00		

männlich	00	01/02	03	04	05	06	07	08	09	10	11
50 S-Beine							0:59,00	1:01,50	1:04,00	1:20,00	
50 S	0:37,00	0:38,00	0:39,00	0:40,00	0:41,00	0:43,00	0:46,00	0:49,00	1:01,00	1:05,00	
100 S	1:22,00	1:25,00	1:27,00	1:30,00	1:34,00	1:38,00	1:44,00	1:49,00			
200 S	3:00,00	3:04,00	3:08,00	3:12,00	3:16,00	3:25,00	3:40,00	3:50,00			
50 R-Beine							0:57,50	1:00,00	1:02,50	1:15,00	1:25,00
50 R	0:39,00	0:40,00	0:41,00	0:42,00	0:43,50	0:45,00	0:47,00	0:50,00	0:58,00	1:04,00	1:08,00
100 R	1:22,00	1:25,00	1:27,00	1:30,00	1:33,00	1:36,00	1:42,00	1:47,00	2:07,00		
200 R	3:00,00	3:04,00	3:07,00	3:10,00	3:14,00	3:18,00	3:28,00	3:46,00			
50 B-Beine							0:59,00	1:01,50	1:04,00	1:20,00	1:30,00
50 B	0:43,00	0:44,00	0:45,00	0:46,00	0:47,00	0:48,00	0:51,00	0:54,00	1:02,00	1:08,00	1:11,00
100 B	1:33,00	1:37,00	1:39,00	1:40,50	1:43,00	1:46,00	1:56,00	2:01,00	2:17,00		
200 B	3:19,00	3:23,00	3:26,00	3:29,00	3:32,00	3:36,00	4:00,00	4:10,00			
50 F-Beine							0:55,00	0:57,50	1:00,00	1:15,00	1:25,00
50 F	0:33,50	0:34,50	0:35,50	0:37,00	0:38,00	0:39,00	0:42,00	0:45,00	0:51,00	0:55,00	1:00,00
100 F	1:13,00	1:15,00	1:15,00	1:16,00	1:18,00	1:20,00	1:26,00	1:31,00	1:58,00		
200 F	2:37,00	2:40,00	2:42,00	2:50,00	2:55,00	3:00,00	3:08,00	3:18,00	3:27,88		
200 L	3:00,00	3:04,00	3:07,00	3:10,00	3:14,00	3:18,00	3:26,00	3:36,00	4:25,00		

Richtzeiten für Schuljahr 2018/2019:

weiblich	AK 20	AK 25	AK 30	AK 35	AK 40	AK 45	AK 50	AK 55	AK 60	AK 65	AK 70	AK 75
50 S	0:38,0	0:39,0	0:41,0	0:42,0	0:44,0	0:46,0	0:48,0	0:52,0	1:00,0	1:05,0	1:10,0	1:20,0
100 S	1:28,0	1:30,0	1:34,0	1:37,0	1:42,0	1:48,0	1:55,0	2:05,0	2:20,0	2:25,0	2:40,0	2:55,0
200 S	3:15,0	3:25,0	3:30,0	3:45,0	4:10,0	4:20,0	4:35,0	4:45,0	5:10,0	5:25,0	5:45,0	6:05,0
50 R	0:43,0	0:44,0	0:46,0	0:48,0	0:49,0	0:52,0	0:54,0	0:57,0	1:00,0	1:04,0	1:07,0	1:15,0
100 R	1:25,0	1:30,0	1:35,0	1:40,0	1:45,0	1:50,0	1:55,0	2:05,0	2:10,0	2:20,0	2:25,0	2:40,0
200 R	3:10,0	3:15,0	3:25,0	3:35,0	3:45,0	4:10,0	4:20,0	4:30,0	4:50,0	5:05,0	5:20,0	5:50,0
50 B	0:45,0	0:46,0	0:47,0	0:50,0	0:52,0	0:54,0	0:56,0	0:59,0	1:03,0	1:13,0	1:15,0	1:25,0
100 B	1:35,0	1:38,0	1:43,0	1:48,0	1:51,0	1:54,0	1:58,0	2:05,0	2:10,0	2:25,0	2:35,0	2:45,0
200 B	3:35,0	3:40,0	3:45,0	3:50,0	4:00,0	4:15,0	4:25,0	4:35,0	4:45,0	5:00,0	5:20,0	5:40,0
50 F	0:36,0	0:36,5	0:37,5	0:39,0	0:41,0	0:43,0	0:45,0	0:48,0	0:50,0	0:55,0	1:00,0	1:10,0
100 F	1:17,0	1:19,0	1:23,0	1:24,5	1:27,0	1:30,0	1:35,0	1:45,0	1:52,0	1:58,0	2:05,0	2:20,0
200 F	2:50,0	2:54,0	3:00,0	3:03,0	3:10,0	3:15,0	3:20,0	3:45,0	4:15,0	4:20,0	4:30,0	5:05,0
100 L	1:26,0	1:29,0	1:33,0	1:37,0	1:41,0	1:45,0	1:50,0	2:00,0	2:08,0	2:17,0	2:26,0	2:40,0
200 L	3:05,0	3:15,0	3:20,0	3:25,0	3:32,0	3:40,0	3:55,0	4:10,0	4:20,0	4:35,0	5:00,0	5:10,0

männlich	AK 20	AK 25	AK 30	AK 35	AK 40	AK 45	AK 50	AK 55	AK 60	AK 65	AK 70	AK 75
50 S	0:34,0	0:35,0	0:36,0	0:37,0	0:38,0	0:39,0	0:41,0	0:43,0	0:49,0	0:51,0	0:55,0	1:02,0
100 S	1:17,0	1:19,0	1:22,0	1:26,0	1:29,0	1:32,0	1:40,0	1:50,0	1:55,0	2:05,0	2:15,0	2:25,0
200 S	2:55,0	3:00,0	3:05,0	3:15,0	3:20,0	3:35,0	3:45,0	3:55,0	4:15,0	4:40,0	5:05,0	5:20,0
50 R	0:37,0	0:39,0	0:41,0	0:43,0	0:45,0	0:47,0	0:49,0	0:51,0	0:54,0	0:56,0	1:01,0	1:05,0
100 R	1:20,0	1:22,0	1:26,0	1:30,0	1:35,0	1:38,0	1:40,0	1:46,0	1:49,0	1:50,0	2:00,0	2:10,0
200 R	3:00,0	3:05,0	3:10,0	3:15,0	3:20,0	3:30,0	3:35,0	3:55,0	4:15,0	4:35,0	4:40,0	4:55,0
50 B	0:39,5	0:40,5	0:41,0	0:42,0	0:44,0	0:46,0	0:48,0	0:50,0	0:53,0	0:55,0	1:00,0	1:05,0
100 B	1:26,0	1:29,0	1:32,0	1:35,0	1:40,0	1:44,0	1:48,0	1:51,0	1:55,0	2:00,0	2:05,0	2:15,0
200 B	3:20,0	3:25,0	3:30,0	3:35,0	3:40,0	3:45,0	3:55,0	4:00,0	4:10,0	4:20,0	4:25,0	4:35,0
50 F	0:31,5	0:32,0	0:32,5	0:34,0	0:35,5	0:36,5	0:37,0	0:39,5	0:41,5	0:43,0	0:45,0	0:50,0
100 F	1:10,0	1:12,0	1:14,0	1:16,0	1:20,0	1:24,0	1:28,0	1:30,0	1:34,0	1:38,0	1:45,0	1:55,0
200 F	2:35,0	2:40,0	2:45,0	2:50,0	2:55,0	3:00,0	3:10,0	3:15,0	3:20,0	3:35,0	3:45,0	4:10,0
100 L	1:18,0	1:20,0	1:23,0	1:26,0	1:31,0	1:34,0	1:39,0	1:44,0	1:48,0	1:53,0	2:01,0	2:11,0
200 L	2:50,0	2:55,0	3:00,0	3:05,0	3:10,0	3:15,0	3:20,0	3:30,0	3:40,0	3:55,0	4:20,0	4:40,0